



MARCH | 2024

MIAMI EAST HIGH SCHOOL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
26	27	28	29	1
4 Reg. Chicken Patty (15) Spicy Chicken Patty (17) Bun (26) Corn (21) Pineapple (19) Apple Juice (14) Milk	5 Rotini W/Meat Sauce (24) W/Breadstick (14) Broccoli (4) Mandarin Oranges (20) Pears (21) Milk	6 Bacon, Egg & Cheese Breakfast Pizza (26) Sausage & Gravy Breakfast Pizza (25) Hash Browns (26) Orange Juice (13) Mixed Fruit (15) Milk	7 Twisted Bosco Sticks (34) Mozzarella Sticks (33) Marinara (8) Green Beans (4) Apple Slices (7) Peaches (19) Milk	8 Sausage, Egg & Cheese (1) On Bun (26) Hash Browns (26) Orange Juice (13) Mixed Fruit (15) Milk
11 Chicken Strips (16) W/Dinner Roll (19) Mashed Potatoes (20) Applesauce (18) Grape Juice (19) Milk	12 Mac & Cheese (26) W/Breadstick (14) Broccoli (4) Mandarin Oranges (20) Pears (21) Milk	13 Pizza Hut Pepperoni (25) Cheese (36) Sausage (45) Veggie (37) Green Beans (4) Grapes (22) Strawberry Cup (22) Milk	14 Chicken Quesadilla (28) Cheese Quesadilla (40) Corn (21) Refried Beans (23) Peaches (19) Mixed Fruit (15) Milk	15 Hot dog (1) Bun (28) Coney Dog (7.5) Bun (28) Fries (14) Sweet Potato Fries (21) Fruit Slushie (22) Milk
18 Grilled Chicken Bacon Melt (3) On Pretzel Bun (29) Corn (21) Pineapple (19) Apple Juice (14) Milk	19 Tangy Asian Chicken (25) W/Rice (43) & Cookie (16) Broccoli (4) Mandarin Oranges (20) Pears (21) Milk	20 Pepperoni Cheesy Bread (27) Cheesy Bread (28) Marinara (8) Green Beans (4) Apple Slices (7) Peaches (19) Milk	21 Mini Pancake Wraps (30) Syrup (30) Hash Browns (26) Orange Juice (13) Mixed Fruit (15) Milk	22 BBQ Rib (13) Bun (28) Baked Beans (29) Cole Slaw (14) Applesauce (18) Milk
25 SPRING BREAK	26 SPRING BREAK	27 SPRING BREAK	28 SPRING BREAK	29 SPRING BREAK

Student Lunches 3.00

- *Choose 1 Main Entrée
- *Choose at Least 1 Vegetable or 1 Fruit
(May Choose up to 2 Each)
- *Milk 1% White or Fat Free Chocolate
- *Carb Counts in ()

Lunches Available Daily

Chef Salad W/Popcorn Chicken & Breadstick (31). Dressing Choices, Fruit Choices, Milk

Turkey Bacon Sub W/Lettuce & Cheese (33). Vegetable & Fruit Choices, Milk

Vanilla Yogurt Parfait W/Fruit & Granola (96). Fruit & Vegetable Choice, Milk

PB&J (64). Vegetable & Fruit Choices, Milk

PB&J W/Cheese Stick & Pretzels (33). Vegetable & Fruit Choices, Milk

Vegetable Choice Available Daily W/Lunches

*Variety of Fresh Veggies W/Ranch (1), Carrots (7), Grape Tomatoes (7), Celery (2)

*Side Salad W/Ranch Dressing (1)

Dips/other

BBQ (9), Buffalo Ranch (3), Honey Mustard (6), Ranch (1), Sweet & Sour (11), Ketchup (3), Mustard (0), Mayo (2), Salsa (3), Taco Sauce, (1), Sour Cream (2), Butter Pats (0), Pickles (0)

Fruits

Fresh, Canned or 100% Fruit Juices

Menu is Subject to Change

This Institution is an Equal Opportunity provider